I’m sick or hurt...
Where do I go?
(Or, where do I take my child or parent?)

CALL OR SEE MY DOCTOR
Need medical care and feel safe to wait a day.
EXAMPLES ARE:
• Runny nose
• Simple backache
• Sore throat
• Earache

GO TO URGENT CARE
Need medical care today and feel safe to wait a few hours.
EXAMPLES ARE:
• Tried but could not reach my doctor
• Reached the doctor and told to go to an Urgent Care Center

GO TO EMERGENCY ROOM OR CALL 911
Need medical care now and do not feel safe to wait.
EXAMPLES ARE:
• Trouble breathing or chest pain
• Fainting
• Sudden numbness or weakness
• Uncontrolled bleeding
• Severe pain or serious injury

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